

Building Futures Programme

COURSES May - June 2019

Course Details	Start Dates
OCNNI Level 1 Gardening This course changes with the seasons and spring is the perfect time for planting, cutting and growing. Come along and learn new skills in our fabulous new Commemorative Suffrage Garden.	Start Date: Tuesday 7th May 10am-1pm (1 morning per week for 8 weeks)
OCNNI Level 1 Carpentry Learn various woodworking skills, how to use power tools and make a personal piece to take home.	Start Date: Thursday 9th May 10am-1pm (1 morning per week for 8 weeks)
OCNNI Level 1 Electrics This course covers basic electrical skills including wiring a ceiling rose, repairing broken sockets and fuses and miniature circuit breakers.	Start Date: Wednesday 8th May 1.30pm-4.3pm (1 morning per week for 8 weeks) Creche is not available for this course
More Organised Less Stressed This personal development course will help you identify sources of stress and look at ways to minimise stress through recognition and time management.	Start Date: Thursday 23rd May 10am-1pm (1 morning per week for 3 weeks)



For further information contact **Patricia** or **Amanda**
patricia.fleming@womenstec.org / 028 9074 9810

Free crèche available on request places limited.

All courses are accredited through Open College Network

The above courses are fully funded so there is no cost incurred by you, however, you do have to be unemployed or working less than 16 hours per week to meet the criteria of our funders. Please note that we also offer night classes to women who are working (*details and cost on request*)